

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Social Studies

Grade: X

1st Term	Half Yearly	2nd Term	SEE Exam
• Unit - 1, 2, 3 & 5	• Unit - 4, 7 & 10	• Unit – 6, 8 & 9	• Revision

Subject: - Population Education

Grade: X

1st Term	Half Yearly	2nd Term	SEE Exam
• Unit – 1,2 & 3	• Unit - 4, 5 & 6	• Unit - 7, 8 & 9	• Revision

Subject: -Science

Grade: X

1st Term	Half Yearly	2nd Term	SEE Exam
Chapter 1: Scientific Learning	Chapter 4: Heredity	Chapter 5: Physiological Structure and life Process	• Revision
Chapter 2: Classification of Organisms	Chapter 6: Nature and environment	Chapter 10: Wave	
Chapter 3: Life Cycle of Honey Bee	Chapter 8: Pressure	Chapter 11: Electricity and Magnetism	
Chapter 7: Force and Motion	Chapter 09: Heat	Chapter 13: ICT	
Chapter 12: The Universe	Chapter 15: Chemical Reaction	Chapter 17: Metals	
Chapter 14: Classification of Elements	Chapter 16: Gases	Chapter 18: Hydrocarbons and Their Compounds	
		Chapter 19: Chemical used in Daily Life	

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ANNUAL TEACHING PLAN- 2081

Subject: Com. Maths

Grade: X

First Term	Half Yearly	Second Term	SEE Exam
• Sets			
• Compound Interest	• Population Growth and Depreciation	• Indices	• Revision
• Quadratic Equations	• Money Exchange	• Area and Volume	
• Algebraic Fractions	• Sequence and Series	• Construction	
• Areas of Triangles and Quadrilaterals	• Circle	• Statistics	
	• Trigonometry	• Probability	

Subject : Optional Mathematics

Grade: X

1 st Term	Half Yearly	2 nd Term	SEE Exam
➤ Algebra	➤ Algebra	➤ Co-ordinate Geometry	• Revision
• Functions	• Linear Programming	➤ Transformation	
• Polynomials	• Equation and Graph	➤ Statistics	
• Sequence and Secies	➤ Continuity		
➤ Matrix	➤ Trigonometry		
➤ Trigonometry	• Conditional Trigonometric Identities		
• Transformation of Trigonometric Ratios	• Solution of Trigonometric Education		
	• Height and Distance		
	➤ Vector		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Our English

Grade: X

1st Term	Half Yearly	2nd Term	SEE Exam
<ul style="list-style-type: none">• Unit – 1 to 6	<ul style="list-style-type: none">• Unit – 7 to 13	<ul style="list-style-type: none">• Unit – 14 to 18	
<ul style="list-style-type: none">• Grammar –Article, SVA, Tense, Speech, Voice, Tag questions, Transformation	<ul style="list-style-type: none">• Grammar – Preparation	<ul style="list-style-type: none">• Word formation, Punctuation, Single words, Autonyms, Synonyms	<ul style="list-style-type: none">• Revision
	<ul style="list-style-type: none">• Conditional Causes, Causative Verbs		

विषय : नेपाली

कक्षा : १०

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	SEE Exam
<ul style="list-style-type: none">• पाठ १ देखि पाठ ५ सम्म	<ul style="list-style-type: none">• पाठ ६ देखि पाठ ११ सम्म	<ul style="list-style-type: none">• पाठ १२ देखि पाठ १७ सम्म	<ul style="list-style-type: none">• पुनरावृत्ति
<ul style="list-style-type: none">• पाठमा भएका सबै व्याकरण	<ul style="list-style-type: none">• पाठमा भएका सबै व्याकरण	<ul style="list-style-type: none">• पाठमा भएका सबै व्याकरण	

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Accountancy

Grade: X

1st Term	Half Yearly	2nd Term	SEE Exam
1: Office Management & Office Procedures	1: Business Accounting	1: Expenditure Accounting of Government	1. Institutions related to government accounting in Nepal
2: Bank Insurance & Financial Institutions	2: Bank Reconciliation Statement	2 Store Accounting	2. Use of Computer Information Technology in office operation an Accounting
3: Introduction to Tax	3: Accounting Error and Their Rectification	3 Trend Accounting	
4: Final Account	4: Government Accounting System of Nepal	4: Internal Control & auditing	• Revision
	5: Revenue Accounting		

Subject : Computer Science (Brilliant Publication)

Grade : X

1st Term Exam	Half Yearly Exam	2nd Term	SEE Exam
1. Networking & Telecommunication	3. Ethical and Social Issues in ICT	5. Contemporary Technology	• Revision
2. Internet and Its Services	4. Computer Security	6. Computer Number System	
5. Electronic Commerce	8. Microsoft Access	11. Structure Programming in C	
9. Modular Programming	10. File Handling in QBasic		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Social Studies

Grade: IX

1 st Term	Half Yearly	2 nd Term	Final
• Unit - 1,2 & 5	• Unit – 3 & 7	• Unit – 4, 6 & 10,	• Unit -8 & 9

विषय : नेपाली

कक्षा : ९

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
• पाठ १ देखि पाठ ५ सम्म	• पाठ ६ देखि पाठ ११ सम्म	• पाठ १२ देखि पाठ १७ सम्म	• पुनरावृत्ति
• पाठमा भएका सबै व्याकरण	• पाठमा भएका सबै व्याकरण	• पाठमा भएका सबै व्याकरण	

Subject: - Science

Grade: IX

1 st Term	Half Yearly	2 nd Term	Final
Chapter 1: Scientific Learning	Chapter 3: Mushroom	Chapter 4: Evolution	Chapter 5: Physiological Structure and life Process
Chapter 2: Classification of Organisms	Chapter 6: Nature and environment	Chapter 10: Wave	Chapter 11: Electricity
Chapter 7: Force and Motion	Chapter 9: Energy	Chapter 13: Information Communication	Chapter 18: Carbon and its Compounds
Chapter 8: Simple Machine	Chapter 12: Universe	Chapter 16: Some Gases	Chapter 19: Materials used in agriculture Sector
Chapter 14: Atomic Structure and Chemical Bond	Chapter 15: Chemical Reaction	Chapter 17: Metals and Non-Metals	• Revision

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject : Computer Science (Brilliant Publication)

Grade : IX

1 st Term Exam	Half Yearly Exam	2 nd Term Exam	Final
1. Introduction to Computer	7. Internet & Web Technology	4. Computer Hardware	16. Array in QBasic
2. Types of Computer	8. HTML	5. Computer Software	• Revision
3. Computer System	9. Cascade Style Sheet	6. Computer Graphics	
11. QBasic	10. General Programing Concept		
12. QBasic Statements	15. Library Functions		
13. Prog. Flow & Control State			

Subject: - Office Practice and Accounting

Grade : IX

1 st Term	Half Yearly	2 nd Term	Final
• Unit 1 – office and office employee	• Unit 4 - Correspondence	• Unit 7 – Business	• Unit 14 - Trial Balance
• Unit 2 -Office assistant	• Unit 5 – Record Keeping	• Unit 8 - Meeting and conference	• Unit 15 – Government Accounting
• Unit 3 -Office resources	• Unit 6 - Communication and Information Technology (IT)	• Unit 9 - Accounting	
• Unit 10 – Basic Accounting System	• Unit 12- Ledger	• Unit -13 – Subsidiary Book	
• Unit 11 - Journal			

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Population Education

Grade: IX

1 st Term	Half Yearly	2 nd Term	Final
• Unit - 1,2 & 3	• Unit – 4 & 5	• Unit – 6 & 7	• 8 & 9

Subject: Comp. Mathematics

Grade : IX

First Term	Half Yearly	Second Term	Final
• Set	• Commission and Dividend	• Prism and Cylinder	• Sphere
• Tax	• Home Arithmetic	• Indices	• Sequence and series
• Factorization	• Area	• Construction	• Circle
• H.C.F. and L.C.M.	• Linear Equations	• Classification and Representation of Data	• Measurement of central Tendency
• Triangle	• Parallelogram	• Trigonometry	• Probability

Subject: - English

Grade : IX

1 st Term	Half Yearly	2 nd Term	Final
Lesson 1: Travel and Holidays	Lesson 7: Ecology and Environment	Lesson 13: Organization Profile and Authority	Lesson 17: Global Warming and Climate Change
Lesson 2: Health and Hygiene	Lesson 8: Science and Technology	Lesson 14: History and Civilization	Lesson 18: Transpiration and Communication
Lesson 3: Family Market and Public Place	Lesson 9: Work and Leisure	Lesson 15: People and Lifestyle	Grammar
Lesson 4: Life and Death	Lesson 10: The Earth and Space	Lesson 16: Games and Sports	• Articles
Lesson 5: Ethics, Norms and Values	Lesson 11: Gadgets and Instrument	Grammar	• Tag Question
Lesson 6: Custom and Culture	Lesson 12: People Places	• Voice	
Grammar	Grammar	• Conjunction	
• Tense	• Reported Speech	• Preposition	
• Conditional Sentences	• Relatives Clause		
• Verb Agreement	• Causative		
	• Conjunction		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject:- Opt. Math

Grade : IX

First term	Half yearly	Second term	Final
<p>Unit:1 - Algebra</p> <ul style="list-style-type: none">• Ordered pair and Cartesian product,• Relation,• Function,• Polynomial,• Sequence and series <p>Unit:2 - Limit</p> <ul style="list-style-type: none">• Numerical sequence,• Figure sequence• Sum of Infinite series• Limit of function,• Notational representation of limit <p>Unit:3 - Matrix</p> <ul style="list-style-type: none">• Introduction to matrix• operation on matrix <p>Unit:4 - Co-ordinate Geometry</p> <ul style="list-style-type: none">• Section formula,• Locus	<p>Unit:5 - Trigonometry</p> <ul style="list-style-type: none">• Measurement of angles,• Trigonometric ratios,• Trigonometric ratio of standard angles,• Trigonometric ratios of any angle,• Compound angles	<p>Unit:4 - Co-ordinate Geometry</p> <ul style="list-style-type: none">• Equation of straight line <p>Unit:6 - Vector</p> <ul style="list-style-type: none">• Introduction to vector,• Operation on vector	<p>Unit:7 - Transformation</p> <ul style="list-style-type: none">• Introduction to transformation and Reflection,• Rotation,• Translation,• Enlargement and Reduction <p>Unit:8 - Statistics</p> <ul style="list-style-type: none">• Partition values of individual and Discrete data,• Dispersion of individual and Discrete data

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ANNUAL TEACHING PLAN- 2081

Subject: - Social Studies

Grade: VIII

1 st Term	Half Yearly	2 nd Term	Final
• Unit - 1,2 & 6	• Unit – 3, 4 & 7	• Unit – 5, 8 & 9,	• Revision

Subject: Our English

Grade: VIII

1 st Term	Half Yearly	2 nd Term	Final
1. A Tour to Central Zoo	8 Having Fun-Historical Inventions	16. An Anecdote: Why I become a Vegan?	
2. A Father's Letter to his son	9 The Leap between High School and College	17. Naresh and The Stranger	
3. Public Announcement	10 Vacancy Announcement	18. Road Accidents in Nepal: Are poor Roads Solely to Blame?	• Revision
4 A Memoir : A Visit to Mustang	11 Sir Isaac Newton	19. A Tale of Two Birds	
5. The Old Woman and The Lime Time	12 Nepal's Bird Man		
6 Traditional Wedding Customs Around the World	13 Nepal is the First Country to Double its Tiger Population		
7 Weather Forecast Migration	14 The Magic Mirror		
	15 Conservation of Earth		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject : Computer Science (Brilliant Publication)

Grade : VIII

1 st Term Exam	Half Yearly Exam	2 nd Term Exam	Annual Exam
1. Comp. & Its Develop. History	5. Working with Ms-Windows	8. Presentation Software	20. Prog. Flow & Control Statement
2. Generation of Computer	7. Spreadsheet- Ms-Excel 2010	9. Computer Graphics	21. Library Function
3. Types of Computer	12. Data Comm. & Com. Net.	14. Web Page Designing	
4. Computer Software	13. Multimedia	17. Program Design Tools	Revision
6. Word Processing	15. Number System	18. Prog. Language QBasic	
10. ICT, Com. Ethics & Cyber low	16. Comp. Programming Lang.	19. QBasic Statements	
11. Computer Virus			

Subject: - Population Education

Grade : VIII

1 st Term	Half Yearly	2 nd Term	Final
• Unit - 1,7 & 8	• Unit – 2, 3 & 6	• Unit – 4, 5 & 9	• Revision

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: Optional Mathematics

Grade : VIII

1 st Term	Half Yearly	2 nd Term	Final
1. Algebra	1 Algebra	1 Algebra	• Revision
• Order Pair and Cartesian Product	• Function	• Polynomial	
• Relation	2 Matrix	• Sequence and Series	
2. Matrix	• Operations on Matrices	3 Coordinates	
• Basics of Matrix	3 Coordinates	• Equation of Straight	
3. Coordinates	• Section Formula	6 Transformation	
• Distance Between Two Points	4 Trigonometry	• Reflection	
4. Trigonometry	• Solution of Right Triangle	• Rotation	
• Measurements of Angles	5 Vector	• Enlargement	
• Trigonometric Ratio	• Operations on Vectors	7 Statistics	
5. Vector	6 Transformation	• Arithmetic Mean	
• Basics of Vector	• Translation	• Partition Values	
		• Dispersion	

Subject: Com. Maths

Grade : VIII

First Term	Half Yearly	Second Term	Final
• Sets	• Unitary Method	• Equation, Inequality and Graph	• Revision
• Real Number System	• Simple Interest	• Transformation	
• Ratio and proportion	• Algebraic Expression	• Symmetry and Tessellation	
• Profit and Loss	• Congruency and Similarity	• Bearing and Scale Drawing	
• Indices	• Solid Objects	• Area of Plane Shapes	
• Lines and Angles	• Coordinates	• Statistics	
• Plane Figures			

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Health, Physical Education and Creative Arts

Grade : VIII

1 st Term	Half Yearly	2 nd Term	Final
• Part - I Lesson – 1,2	• Part – I Lesson – 3, 4	• Part – I Lesson – 5, 6	• Part – I Revision
• Part – II Lesson – 7	• Part – II Lesson – 8, 9	• Part – II Lesson – 10	• Part – II Revision
• Part – III Lesson - 11	• Part – III Lesson – 12, 13	• Part – III Lesson – 14	• Part – III Revision

Subject: - Science

Grade : VIII

1 st Term	Half Yearly	2 nd Term	Final
Chapter 1: Scientific Experiments	Chapter 2: ICT	Chapter 5: Life Process	• Revision
Chapter 3: Living Beings and their Structure	Chapter 4: Biodiversity and Environment	Chapter 8: Electricity and Magnetism	
Chapter 6: Force and Motion	Chapter 7: Energy in Daily	Chapter 10: Materials used in Daily Life	
Chapter 9: Matter		Chapter 11: Earth and Space + Revision	

विषय : नेपाली

कक्षा : ८

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
• पाठ १ देखि पाठ ५ सम्म	• पाठ ६ देखि पाठ ११ सम्म	• पाठ १२ देखि पाठ १७ सम्म	• पुनरावृत्ति
• पाठमा भएका सबै व्याकरण	• पाठमा भएका सबै व्याकरण	• पाठमा भएका सबै व्याकरण	

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

विषय : नेपाली

कक्षा : ७

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
पाठ १ देखि पाठ ५ सम्म	पाठ ६ देखि पाठ ९ सम्म	पाठ १० देखि पाठ १३ सम्म	पाठ १४ देखि पाठ १७ सम्म
पाठमा भएका सबै व्याकरण	पाठमा भएका सबै व्याकरण	पाठमा भएका सबै व्याकरण	पाठमा भएका सबै व्याकरण

विषय: - सामाजिक अध्ययन तथा मानवमूल्य शिक्षा

कक्षा: - ७

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १,२, एकाइ ३ (पाठ १)	एकाइ ३ (पाठ २ देखि ७ सम्म), एकाइ ४ एकाइ ५ (पाठ १ देखि ५ सम्म)	एकाइ ५ (पाठ ६,७) एकाइ ६ एकाइ ७ (पाठ १ देखि ७ सम्म)	एकाइ ७ (पाठ ८ देखि ११ सम्म) एकाइ ८,९

Subject: - Science

Grade: - VII

1 st Term	Half Yearly	2 nd Term	Final
Unit 1: Scientific Learning	Unit 6: Force and Motion	Unit 2: Information and Communication Technology	Unit 8: Electricity and Magnetism
Unit 3: Living Beings and their structures	Unit 4: Biodiversity and Environment	Unit 5: Life Process	Unit 10: Material used in Daily life
Unit 9: Matter		Unit 7: Energy in daily life	Unit 11: Earth and Space

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ANNUAL TEACHING PLAN- 2081

Subject: - Grammar

Grade: - VII

1st Term	Half Yearly	2nd Term	Final
Lesson (1 to 4)	Lesson (5 to 8)	Lesson (9 to 11)	Lesson (12 to 15)
Section C – Writing	Section C –Story writing	Section C –E-mail	Section C – writing
Essay writing, alphabetical order	Rules and Regulations Instructions, Menu	News Stories Cloze Test	Directions Story Writing
Punctuation		Paragraph writing	Short Messages
Letter writing		Biography writing	Interpreting Charts
Dialogue Writing			Letter to the Editor
Leave Application			

Subject: - English

Grade: - VII

1st Term	Half Yearly	2nd Term	Final
Unit 1: Knowing Each Other	Unit 4: Games and Sports	Unit 6: See the World	Unit 9: Hello, Aliens !
Lesson 1: Let's be Friends	Lesson 7: Games and Sports	Lesson 11: Amazing Countries	Lesson 17: Movie Review
Lesson 2: Good and Bad Children	Lesson 8: Reading Comprehension	Lesson 12: Reading Comprehension	Lesson 18: Reading Comprehension
Unit 2: Learning to Learn	Unit 5: Reasons for the Season	Unit 7: Famous People	Unit 10: Myths and Legends
Lesson 3: What are They Like	Lesson 9: Earth and Seasons	Lesson 13: Famous People	Lesson 19: Fables and Folktales
Lesson 4: Deserving People	Lesson 10: Reading Comprehension	Lesson 14: Reading Comprehension	Lesson 20: Reading Comprehension
Unit 3: Waste not, Want not		Unit 8: Change and Experience.	
Lesson 5: Food waste in Nepal		Lesson 15: Mountain Climbers..	
Lesson 6: Why trees		Lesson 16: Reading Comprehension	

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: Comp. Mathematics

Grade: - VII

Subject Area	1st Term	Half Yearly	2nd Term	Final
1.Sets	<ul style="list-style-type: none"> • Sets 			
2.Arithmetic	<ul style="list-style-type: none"> • Whole Numbers • Integers 	<ul style="list-style-type: none"> • Rational Number • Fraction and Decimal 	<ul style="list-style-type: none"> • Ratio and Proportion 	<ul style="list-style-type: none"> • Profit and Loss • Unitary Method
3.Mensuration	<ul style="list-style-type: none"> • Perimeter 		<ul style="list-style-type: none"> • Area and Volume 	
4.Algebra	<ul style="list-style-type: none"> • Indices 	<ul style="list-style-type: none"> • Algebraic Expression 	<ul style="list-style-type: none"> • Equation and Inequality 	
5.Geometry	<ul style="list-style-type: none"> • Line and Angles 	<ul style="list-style-type: none"> • Plane Figures • Congruency 	<ul style="list-style-type: none"> • Solid Objects • Coordinates 	<ul style="list-style-type: none"> • Symmetry and Tessellation • Transformation • Bearing and Scale Drawing
6.Statistics				<ul style="list-style-type: none"> • Statistics

Subject: Computer Science

Grade: - VII

1st Term	Half-yearly	2nd Term	Final
Computer Overview	Types of computer	Computer Network & Internet	Operating System
Development of Computer	Hardware & Software	Computer Virus	Desktop Publishing Software
Generation of Computer	Presentation Software	Multimedia Concept	Programming Methodology
Word Processor	ICT & Computer Ethics	Spreadsheet Software	QBASIC Programming

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

विषय : नेपाली

कक्षा : ६

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
पाठ १ देखि पाठ ४ सम्म	पाठ ५ देखि पाठ ८ सम्म	पाठ ९ देखि पाठ १२ सम्म	पाठ १३ देखि पाठ १६ सम्म
पाठमा भएका सबै व्याकरण	पाठमा भएका सबै व्याकरण	पाठमा भएका सबै व्याकरण	पाठमा भएका सबै व्याकरण

विषय: - सामाजिक अध्ययन तथा मानवमूल्य शिक्षा

कक्षा : ६

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १,२, एकाइ ३ (पाठ १ देखि ३ सम्म)	एकाइ ३ (पाठ ४ देखि ८ सम्म), एकाइ ४ एकाइ ५ (पाठ १ देखि ६ सम्म)	एकाइ ५ (पाठ ७) एकाइ ६ एकाइ ७ (पाठ १ देखि ८ सम्म)	एकाइ ७ (पाठ ९ देखि ११ सम्म एकाइ ८, ९

Subject: - Science

Grade: - VI

1 st Term	Half Yearly	2 nd Term	Final
Unit 1: Scientific Learning	Unit 2: Information and Communication Technology	Unit 5: Life Process	Unit 8: Electricity and Magnetism
Unit 3: Organisms and Structure	Unit 4: Biodiversity and Environment	Unit 7: Energy in daily life	Unit 10: Material used in Daily life
Unit 9: Matter	Unit 6: Force and Motion		Unit 11: Earth and Space

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: Computer Science

Grade: - VI

1st Term	Half-yearly	2nd Term	Final
Computer Overview	The Internet Basics	ICT & Computer Ethics	Data Entry & Keyboard Skills
Computer Hardware	Computer Viruses	Computer Number System	Graphics software
Computer Software	Multimedia	Operating System	Programming Concept
Word Processor	Presentation Software	Spreadsheet Software	QBASIC Programming

Subject: - English

Grade: - VI

1st Term	Half Yearly	2nd Term	Final
Unit A - (Great People)	Unit C - (Animals and Birds)	Unit E - (Communication and Technology)	Unit G -(Writing a diary)
Unit B - (Hobbies and Interest)	Unit D - (Famous Places)	Unit F - (Let's Celebrate)	Unit H - (Important Firsts)
			Unit I - (Famous folklore)

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - MATH

Grade: - VI

1st Term	Half Yearly	2nd Term	Final
Chapter 1: Set	Chapter 4: Fractions	Chapter 6: Percentage	Chapter 10: Area and Volume
Chapter 2: Whole Numbers	Chapter 5: Decimals	Chapter 7: Profit and Loss	Chapter 15: Plane Figure
Chapter 3: Integers	Chapter 9: Algebraic Expression	Chapter 8: Unitary Method	Chapter 17: Co-ordinates
Chapter 10: Perimeter	Chapter 12: Distance	Chapter 13: Equation and Inequality	Chapter 18: Symmetry and Tessellation
Chapter 11: Indices	Chapter 14: Line and Angles	Chapter 19: Statistics	
Chapter 16: Solid Objects			

Subject: - Grammar

Grade: - VI

1st Term	Half Yearly	2nd Term	Final
Section (A)	Section (A)	Section (B)	Section (C)
Lesson 1: Nouns	Lesson 4: Adjectives	Lesson 7: Subject verb Agreement	Lesson 10: Voice
Lesson 2: Articles	Lesson 5: Verbs	Lesson 8: Sentences	Lesson 11: Prepositions
Lesson 3 : Pronouns	Lesson 6: Adverbs	Lesson 9: Tenses	Lesson 12: Direct and Indirect Speech
Section (C)	Section (C)	Letter Writing	Lesson 13: Joining words
Alphabetical Order	Broken Dialogues	Email	Biography writing
Rearranging	Interpreting Charts	Message of Congratulation	Story Writing
Cloze Test	Instructions	Leave Application	Essay Writing
Punctuation	Rules and Regulations		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

विषय: - सामाजिक अध्ययन तथा मानवमूल्य शिक्षा

कक्षा: - ५

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ (पाठ १ देखि ४ सम्म) एकाइ २ (पाठ २.१ देखि २.६ सम्म)	एकाइ २ (पाठ २.७ र २.८) एकाइ ३ एकाइ ४ (पाठ ४.१ देखि ४.३ सम्म)	एकाइ ४ (पाठ ४.४) एकाइ ५, ६	एकाइ ७

विषय : नेपाली

कक्षा : ५

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
पाठ : १ देखि ४ सम्म	पाठ : ५ देखि ८ सम्म	पाठ : ९ देखि १२ सम्म	पाठ : १३ देखि १५ सम्म
व्याकरण	व्याकरण	व्याकरण	व्याकरण
इकाइ: १ देखि ४ सम्म	इकाइ: ५ देखि ८ सम्म	इकाइ: ९ देखि १२ सम्म	इकाइ: १३ र १४

Subject: - Math

Grade: - V

1 st Term	Half Yearly	2 nd Term	Final
Unit 1: Geometry	Unit 2 :Arithmetic	Unit 3 :Measurement	Unit 3 : Measurement
1. Line and Angle	5. Fraction	9. Distance	12. Mensuration
2. Solid Objects	6. Decimal	10. Capacity	
	7. Percentage	11. Weight	
Unit 2 : Arithmetic	Unit 3:Measurement	Unit 5 :Algebra	Unit 4 :Statistics
3. Numbers	8. Time	16. Equation	13. Bill and Budget
4. Fundamental Operations in Mathematics			14. Statistics

Unit 5:Algebra			
15. Expressions			

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - English

Grade: - V

1st Term	Half Yearly	2nd Term	Final
Unit A: Getting to know you	Unit C : Let's Compare	Unit E : Know How	Unit G : Future Plans
Unit B : Possessions	Unit D: Where is it?	Unit F : Past Events	Unit H : Famous People
			Unit I : Tables of all Times

Subject: - Science

Grade: - V

1st Term	Half Yearly	2nd Term	Final
Chapter 1: Scientific Learning	Chapter 3: Living Organisms and Environment	Chapter 5: Life Process	Chapter 2: Information and C.T (Remaining Portion)
Chapter 2: Information and C.T (Exercise 1 st , 2 nd , 3 rd)	Chapter 4: Classification of Living Organisms	Chapter6: Matter	Chapter 8: Earth and Space
Chapter 7: Energy in Daily Life (Light)	Chapter 7: Energy in Daily life (Sound)	Chapter 7: Energy in Daily life (Electricity)	

Subject: - Grammar

Grade: - V

1st Term	Half Yearly	2nd Term	Final
Section A: English Alphabet	Section C: Pronouns and their uses	Section F: Sentences	Section H: Voice
Section B: Kinds of Nouns	Section D: Adjectives and Determiners	Section G: Tense	Section I: Reported Speech
	Section E: Verbs and Agreement		Section J: Preposition
			Section K: Conjunction

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

विषय : सामाजिक अध्ययन

कक्षा : ४

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : हामी र हाम्रो समुदाय	एकाइ ३ : नागरिक चेतना र कर्तव्य	एकाइ ५ : हाम्रो विगत	एकाइ ६ : हाम्रो आर्थिक क्रियाकलाप
पाठ : १ देखि ५ सम्म	पाठ : १ देखि ७ सम्म	पाठ : १ देखि ४ सम्म	पाठ : ५
एकाइ २ : हाम्रा मानव मुल्यमान्यता	एकाइ ४ : सामाजिक समस्या समाधान	एकाइ ६ : हाम्रो आर्थिक क्रियाकलाप	एकाइ ७ : हाम्रो पृथ्वी
पाठ : १ देखि ७ सम्म	पाठ : १ देखि ४ सम्म	पाठ : १ देखि ४ सम्म	पाठ : १ देखि ६ सम्म

विषय : नेपाली

कक्षा : ४

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
पाठ : १ देखि ४ सम्म	पाठ : ५ देखि ८ सम्म	पाठ : ९ देखि १२ सम्म	पाठ : १३ देखि १५ सम्म
व्याकरण	व्याकरण	व्याकरण	व्याकरण
इकाइ: १ देखि ४ सम्म	इकाइ: ५ देखि ८ सम्म	इकाइ: ९ देखि १२ सम्म	इकाइ: १३ र १४

Subject: - Math

Grade: - IV

1 st Term	Half Yearly	2 nd Term	Final
Unit 1: Geometry	Unit 2: Arithmetic	Unit 3: Measurement	Unit 3: Measurement
Lesson 1: Line and Angles	Lesson 5: Fractions	Lesson 9: Money	Lesson 13: Perimeter and area
Lesson 2: Solid objects	Lesson 6: Decimal	Lesson 10: Distance	Unit 4: Statistics
Unit 2: Arithmetic	Lesson 7: Percentage	Lesson 11: Capacity	Lesson 14: Bill and budget
Lesson 3: Numbers	Unit 3: Measurement	Lesson 12: Weight	Lesson 15: Bar Graph
Lesson 4: Fundamental operation in mathematics	Lesson 8: Time		Unit 5: Algebra
			Lesson 16: Expressions

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - English

Grade: - IV

1st Term	Half Yearly	2nd Term	Final
Unit 1: Every Day	Unit 3: What's Difference	Unit 5: It's Wonderful Place	Unit 7: What a day
Lesson 1: Making New Friends	Lesson 8: Hobbies and Interest	Lesson 14: Place in Neighbourhood	Lesson 18: What did They do Yesterday?
Lesson 2: My First Day at School	Lesson 9: The Squirrel's Loan	Lesson 15: The King Dog	Lesson 19: Where did They Visit
Lesson 3: Sunday with Dad	Lesson 10: Me and My Friend	Unit 6: Get, Set and Go!	Unit 8: Special Days
Lesson 4: Daily Routines	Unit 4: Yes I Can	Lesson 16: How do they Feel?	Lesson 20: My Birthday Plans
Unit 2: My Favourites	Lesson 11: Amazing Animals	Lesson 17: An Email	Lesson 21: Story Telling Contest
Lesson 5: My Favourite Things	Lesson 12: How is Bread made?		Unit 9: Retelling Stories
Lesson 6: My Favourite Sweater	Lesson 13: Fox Cub Danger		Lesson 22: Story Characters
Lesson 7: Hobbies and Interests			

Subject: - Grammar

Grade: - IV

1st Term	Half Yearly	2nd Term	Final
Section A: English Alphabet	Section D: Adjectives and Determiners	Section F: Sentences	Section H: Preposition
Section B: Kinds of Nouns	Section E: Verbs and Agreement	Section G: Tense	Section I: Conjunction
Section C: Pronoun and their uses			

Subject: - Science

Grade: - IV

1st Term	Half Yearly	2nd Term	Final
Unit 1: Scientific Learning	Unit 3: Organisms and Environment	Unit 6: Matter	Unit 2: Information and Communication Technology
Unit 4: Classification of Living Beings	Unit 5: Life Process	Unit 7: Energy in daily life	Unit 8: Our Earth and Space

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

विषय : हाम्रो सेरोफेरो

कक्षा : ३

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : म र मेरो परिवार पाठ : १ देखि ४ सम्म	एकाइ ३ : हाम्रो समुदाय पाठ : ५, ६	एकाइ ६ : मेरो सृजना पाठ : ३ र ४	एकाइ ९ : हाम्रो वरपरका सजीवहरु पाठ : १, २ र ३
एकाइ २ : मेरो दैनिक जीवन पाठ : १ देखि ६ सम्म	एकाइ ४ : हाम्रो विद्यालय पाठ : १ देखि ४ सम्म	एकाइ ७ : हाम्रो संस्कृति पाठ : १ र २	एकाइ १० : हाम्रो वरपरको संसार पाठ : १ देखि ४ सम्म
एकाइ ३ : हाम्रो समुदाय पाठ : १ देखि ४ सम्म	एकाइ ५ : हाम्रो वातावरण पाठ : १ देखि ३ सम्म	एकाइ ८ : सञ्चार, प्रविधि र बजार पाठ : १, २ र ३	
	एकाइ ६ : मेरो सृजना पाठ : १ र २		

विषय : नेपाली

कक्षा : ३

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : म र मेरो परिवार	एकाइ ४ : हाम्रो विद्यालय	एकाइ ७ : रुची र बाकी	एकाइ १० : हाम्रो क्रियाकलाप
एकाइ २ : मेरो दैनिक जीवन	एकाइ ५ : हाम्रो वातावरण	एकाइ ८ : हाम्रो संस्कृति	एकाइ ११ : हाम्रो वरपरको संसार
एकाइ ३ : हाम्रो समुदाय	एकाइ ६ : मेरो सृजना	एकाइ ९ : सञ्चार प्रविधि र बजार	

Subject: - Math

Grade : III

1 st Term	Half Yearly	2 nd Term	Final
Chapter 1 • Lesson: 1 to 5	Chapter 2 • Lesson: 5	Chapter 3 • Lesson: 4 & 5	Chapter 4 • Lesson: 3 to 7
Chapter 2 • Lesson: 1 to 4	Chapter 3 • Lesson: 1 to 3	Chapter 4 • Lesson: 1 & 2	Chapter 5

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - English

Grade: - III

1st Term	Half Yearly	2nd Term	Final
Theme A – Me and My Family	Theme C- My School	Theme F: Our Culture	Theme H- Fruits and Vegetables
Lesson 1: About My Self	Lesson 10: Our School Community	Lesson 19: Lhosar	Lesson 28: The Magic Pot
Lesson 2: Mibin's Family	Lesson 11: Differently Abled	Lesson 20: Mother's Day	Lesson 29: The Twin Sisters
Lesson 3: The Simpson Family	Lesson 12: Each Day, Every Day	Lesson 21: Kathmandu Fun Park	Theme I – Hobbies and Interests
Lesson 4: Mothers are For	Lesson 13: My Bedroom	Lesson 22: The Bad Wolf	Lesson 30: My Favourite Person
Lesson 5: Tommy's Five Senses	Lesson 14: The little Sparrow	Lesson 23: A Video Call	Lesson 31: Our Hobbies
Theme B – My Daily Life	Lesson 15: Look at the Map	Lesson 24: Hard Work	Lesson 32: Jiya's Cousins
Lesson 6: Deepa's Daily Routine	Theme E: My Belongings	Lesson 25: Yesterday was Fun	Theme J – Birds and Animals
Lesson 7: Healthy Habits	Lesson 16: Micky's Toy Store	Theme H-Fruits and Vegetables	Lesson 33: The Fox and Crow
Lesson 8: My Holiday Plan	Lesson 17: My favourite Pet	Lesson 26: Fruits and Vegetables	Lesson 34: The Wicked Lion
Theme C- My School	Lesson 18: Pencil and Eraser	Lesson 27: From Seed to Fruit	
Lesson 9: Back to School			

Subject: - Science

Grade: - III

1st Term	Half Yearly	2nd Term	Final
Unit 1: Scientific Learning	Unit 4: Animal Life	Unit 7: We and our Surroundings	Unit 10: Weather
Unit 2: Information Technology	Unit 5: Plant Life	Unit 8: Properties of Matter	Unit 11: Our Earth
Unit 3: Living and Non-Living Things	Unit 6: Plants and Animals are Useful	Unit 9: Moving Air and Water	Unit 12: Local Technology
Unit 13: Keeping Clean and Fit Yourself	Unit 15: Food and Nutrition	Unit 16: Diseases and Our Health Services	Unit 17: Safety and First Aid
Unit 14: Environmental Cleanliness		• Drill	Unit 18: Smoking and its Effects
• Physical Education	• Skill in Motion	• Physical Exercise	• Bouncing and Passing the Ball
	• Skills at Rest	• Common and Local Games	• Balancing the Body

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - English

Grade : II

1 st Term	Half Yearly	2 nd Term	Final
Theme 'A' and 'B'	Theme 'C', 'D' and 'E'	Theme 'F' and 'G'	Theme 'H', 'I' and 'J'
Lesson :1 to 9	Lesson :10 to 17	Lesson :21 to 27	Lesson :28 to 37

विषय : हाम्रो सेरोफेरो

कक्षा : २

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : म र मेरो परिवार पाठ : १ देखि ६ सम्म	एकाइ ३ : हाम्रो समुदाय पाठ : २ देखि ५ सम्म	एकाइ ६ : हाम्रो वातावरण पाठ : १ देखि ४ सम्म	एकाइ ८ : हाम्रो संस्कृति पाठ : १ र २
एकाइ २ : हाम्रो दैनिक जीवन पाठ : १ देखि ५ सम्म	एकाइ ४ : हाम्रो विद्यालय पाठ : १ देखि ५ सम्म	एकाइ ७ : मेरो सृजना पाठ : १ देखि ४ सम्म	एकाइ ९ : सञ्चार, प्रविधि र बजार पाठ : १, २ र ३
एकाइ ३ : हाम्रो समुदाय पाठ : १	एकाइ ५ : हाम्रो वरपरका सजीवहरु पाठ : १ देखि ३ सम्म		एकाइ १० : हाम्रो वरपरको संसार पाठ : १ देखि ३ सम्म

विषय : नेपाली

कक्षा : २

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : म र मेरो परिवार	एकाइ ४ : हाम्रो विद्यालय	एकाइ ७ : रुची र बाकी.....	एकाइ १० : हाम्रो क्रियाकलाप
एकाइ २ : मेरो दैनिक जीवन	एकाइ ५ : हाम्रो वातावरण	एकाइ ८ : हाम्रो संस्कृति	एकाइ ११ : हाम्रो वरपरको संसार
एकाइ ३ : हाम्रो समुदाय	एकाइ ६ : मेरो सृजना	एकाइ ९ : सञ्चार प्रविधि र बजार	

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Science

Grade : II

1 st Term	Half Yearly	2 nd Term	Final
Chapter 1: Scientific Learning	Chapter 4: Animals Around us	Chapter 6: Plants Around us	Chapter 7: Uses of Plants
Chapter 2: Information and Technology	Chapter 5: Uses of Animals	Chapter 11: Our Earth	Chapter 8: Materials Around us
Chapter 3: Living and Non-Living Things	Chapter 10: Sun and Sunny Surrounding	Chapter 14: Food for Healthy Living	Chapter 15: Diseases and Health Service
Chapter 9: Wonders of Heat and Light	Chapter 13: Cleaning Habit-Good Habit	Chapter 17: Physical Education	Chapter 16: Accidents and Safety
Chapter 12: Caring and Cleaning Our Body			

Subject: - Math

Grade : II

1 st Term	Half Yearly	2 nd Term	Final
Chapter – 1	6. Numbers in Devanagari from 1 to 1000	12. Multiplication	17. Length
1. Geometrical Shapes	7. Even and Odd Number	13. Multiplication Table up to 10	18. Weight
2. Triangle	8. Comparison of Number	14. Division	19. Capacity
3. Quadrilateral	9. Fraction	Chapter – 4	20 Area
4. Circle	Chapter – 3	15. Time	Chapter - 5
Chapter – 2	10. Addition	16. Money	General Graph
5. Numbers up to 1000	11. Subtraction		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - Math

Grade: I

1 st Term	Half Yearly	2 nd Term	Final
Chapter 1: Shape, Size & Position	Chapter 7: Addition up to 10	Chapter 12: Even and odd Number	Chapter 17: Subtraction up to 100
Chapter 2: Straight & Curve Lines	Chapter 8: Subtraction up to 10	Chapter 13: Number and Numeration	Chapter 18: Devanagari and Hindu Arabic Numbers
Chapter 3: Geometrical Shapes	Chapter 9: Numbers from 11 to 20	Chapter 14: Ordinal Number	Chapter 19: Times
Chapter 4: Number up to Nine	Chapter 10: Addition up to 20	Chapter 15: Numbers from 21 to 100	Chapter 20: Coins and Notes
Chapter 5: Number Zero	Chapter 11: Subtraction up to 20	Chapter 16: Addition up to 100	Chapter 21: Length
Chapter 6: Number Ten (10)			Chapter 22: Pictograph

Subject: - Science

Grade: I

1 st Term	Half Yearly	2 nd Term	Final
Chapter 1: Scientific Learning	Chapter 4: Plants are Living Things	Chapter 7: Animals Around us	Chapter 10: Our Surrounding
Chapter 2: Information Technology	Chapter 5: Living and Non-Living Things	Chapter 8: Plants Around us	Chapter 11: Things Around us
Chapter 3: Animals are Living Things	Chapter 6: Plants and Animals	Chapter 9: Caring Plants and Animals	Chapter 12: Water – Precious Drink
Chapter 13: Our Energy Source	Chapter 15: Keep Clean	Chapter 17: Be Healthy	Chapter 18: Be Safe
Chapter 14: Our Weather	Chapter 16: Our Food	Chapter 19: Physical Education	Chapter 19: Physical Education
Chapter 19: Physical Education	Chapter 19: Physical Education	<ul style="list-style-type: none"> • Local Games 	<ul style="list-style-type: none"> • Balancing the Body
<ul style="list-style-type: none"> • Fundamental Movement Skills 	<ul style="list-style-type: none"> • PT and Drill 	<ul style="list-style-type: none"> • Ball Games 	<ul style="list-style-type: none"> • Imitative Games
<ul style="list-style-type: none"> • Learning Movement Skill is fun 	<ul style="list-style-type: none"> • Drill Exercise 		

PRESO, RUPANDEHI

ANNUAL TEACHING PLAN- 2081

Subject: - English

Grade: I

1 st Term	Half Yearly	2 nd Term	Final
Lesson 1: Hello	Lesson 3: At Home	Lesson 5: Favourite Things	Lesson 7: Let's Read Stories
Lesson 2: Happy Family	Lesson 4: Favourite Places	Lesson 6: My Morning	Lesson 8: Let's meet Tomorrow

विषय : हाम्रो सेरोफेरो

कक्षा : १

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : म र मेरो परिवार पाठ : १.१ देखि १.८ सम्म	एकाइ २ : मेरो दैनिकी पाठ : २.७ देखि २.८ सम्म	एकाइ ४ : हाम्रो विद्यालय पाठ : ४.६ देखि ४.७ सम्म	एकाइ ७ : मेरो सृजना पाठ : ७.५
एकाइ २ : मेरो दैनिकी पाठ : २.१ देखि २.६ सम्म	एकाइ ३ : मेरो समुदाय पाठ : ३.१ देखि ३.७ सम्म	एकाइ ५ : हाम्रो वरपरका सजीवहरु पाठ : ५.२ देखि ५.३ सम्म	एकाइ ८ : हाम्रो संस्कृति पाठ : पाठ : ८.१ देखि ८.४ सम्म
	एकाइ ४ : हाम्रो विद्यालय पाठ : ४.१ देखि ४.५ सम्म	एकाइ ६ : हाम्रो वातावरण पाठ : ६.१ देखि ६.४ सम्म	एकाइ ९ : सञ्चार, प्रविधि र बजार पाठ : ९.१ देखि ९.३ सम्म
		एकाइ ७ : मेरो सृजना पाठ : ७.१ देखि ७.४ सम्म	एकाइ १० : हाम्रो वरपरको संसार पाठ : १०.१ देखि १०.५ सम्म

विषय : नेपाली

कक्षा : १

प्रथम त्रैमासिक परीक्षा	अर्धवार्षिक परीक्षा	दोस्रो त्रैमासिक परीक्षा	वार्षिक परीक्षा
एकाइ १ : म र मेरो परिवार	एकाइ ४ : हाम्रो विद्यालय	एकाइ ७ : रुची र बानी	एकाइ १० : हाम्रो क्रियाकलाप
एकाइ २ : मेरो दैनिक जीवन	एकाइ ५ : हाम्रो वातावरण	एकाइ ८ : हाम्रो संस्कृति	एकाइ ११ : हाम्रो वरपरको संसार
एकाइ ३ : हाम्रो समुदाय	एकाइ ६ : मेरो सृजना	एकाइ ९ : सञ्चार प्रविधि र बजार	

Subject: Our English**Grade: X**

1st Term	Half Yearly	2nd Term	SEE Exam
1. Current Affairs & Issues	7. Cyber Security	15. People and Place	• Revision
2. Festivals and Celebrations	8. Hobbies and Interests	16. Success and Celebrations	
3. Health & Wellness	9. History and Culture	17. Countries and Towns	
4. Work & Leisure	10. Games and Sports	18. Media and Entertainment	
5. Science & Experiment	11. Ethics and Morality		
6. Food and Cuisine	12. Nature and Development		
	13. Population and Migration		
	14. Travel and Adventure		

